

Calm HOMES Participant Pathway

Summer 2026
June/July/August

Program Applications and Participant Selection

Week 1
October 5th
6 - 8pm

Home Scan and Discovery Session

Program Orientation + Workshop #1
"Intro to Decluttering"
Virtual Group Session - 2 hrs

Week 2
October 12th to 18th

Home Session #1

In-Person Family and Volunteer Support - 60+ minutes

Week 3
October 18th
7:30 - 9pm

Workshop #2

"All About Cleaning" + Group Connection
Virtual Group Session - 90 minutes

Week 4
October 25th to 31st

Home Session #2

In-Person Family and Volunteer Support - 60+ minutes

Week 5
November 1st
7:30-9pm

Workshop #3

"Family Dynamics & Child Cleaning Champions" + Group Connection, Virtual Group Session - 90 minutes

Week 6
November 8th to 14th

Home Session #3 + Earliest Disposal Bin Booking

In-Person Family and Volunteer Support - 60+ minutes

Week 7
November 15th
7:30-9pm

Workshop #4

"Organization Basics" + Group Connection
Virtual Group Session - 90 minutes

Week 8
November 22nd to 28th

Home Session #4

In-Person Family and Volunteer Support - 60+ minutes

Week 9
November 29th
7:30-9pm

Workshop #5

"Planning for the Future" + Group Connection
Virtual Group Session - 90 minutes

Week 10
December 6th to 12th

Final Main Program Home Session

In-Person - 60+ minutes

POST CORE PROGRAM
TBD

Follow-Up Interview

Ongoing Support
As Needed

Individual and Family Mental Health Support Counselling Sessions Available